Track: 2021-09-11 Monte Velino via Direttissima	**IBP = 144 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	14.11 Km
Analyzed distance	14.11 Km
Lineal distance	0 Km

Accumulated climb	1462.96 m
Accumulated descent	1459.36 m
Maximum height	2487.2 m
Minimal height	1130.4 m
Climb rate	20.86 %
Descent rate	21.58 %
Positive climb difference per km	103.68 m
Negative descent difference per km	103.43 m

Total time	6:48:33 h
Time in movement	4:41:10 h
Stopped time	2:07:23 h

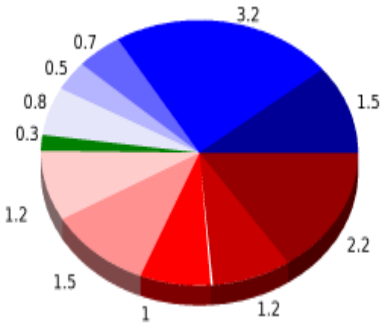
Total speed average	2.07 Km/h
Average speed in movement	3.01 Km/h
Maximum held speed	5.79 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	816 (cad. 17.29 m)
Significant points	367 (cad. 38.55 m / 44.98 %)
Aberrant points	133 (16.3 % d. total)

Direction changes per km	14.25
Direction changes >5º per km	11.27
Accumulated straight stretches	1.582 Km
Straight stretches per km	112.12 m
Penalizables slope changes	7
Penalizables slope changes per km	0.496

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Summary of slopes



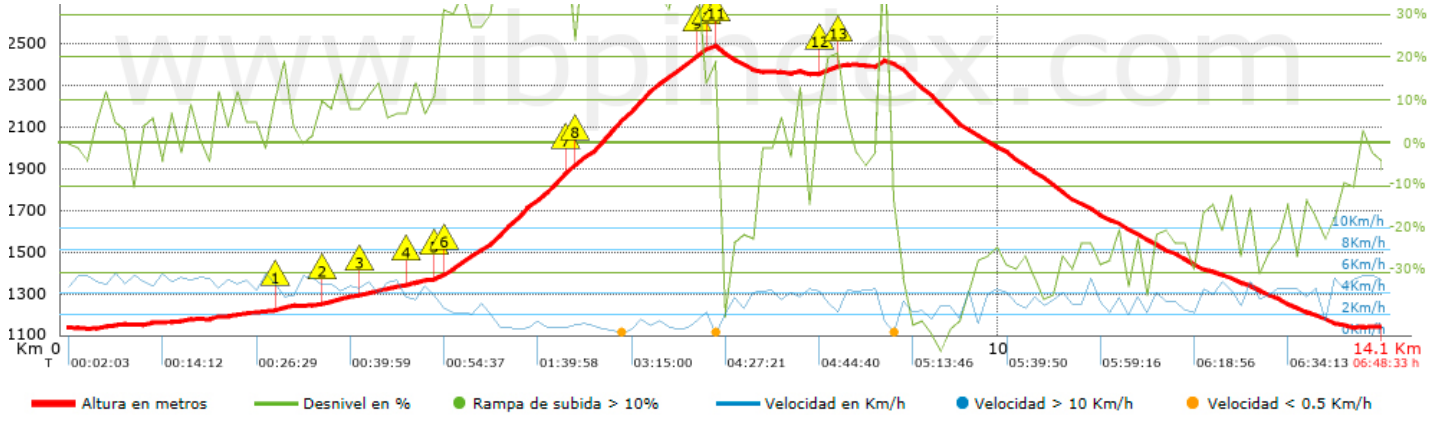
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	2.159	15.3	1.9	1:08:17
	Between 15 and 30%	1.159	8.22	2.34	0:29:42
	Between 10 and 15%	0.985	6.98	3.79	0:15:35
	Between 5 and 10%	1.535	10.88	4.37	0:21:04
	Between 1 and 5%	1.176	8.33	4.7	0:15:00
	Total :	7.014	49.72	2.81	2:29:38
	Plain				
	Difference of 1%	0.333	2.36	3.83	0:05:13
	Breakdown descents				
	Between 1 and 5%	0.825	5.85	4.56	0:10:51
	Between 5 and 10%	0.468	3.32	4.49	0:06:15
	Between 10 and 15%	0.698	4.95	3.96	0:10:35
	Between 15 and 30%	3.243	22.98	3.31	0:58:43
	Between 30% and 55%	1.527	10.82	2.29	0:39:55
	Total :	6.761	47.92	3.21	2:06:19
	Total track :	14.11	100 %	3.01	4:41:10

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Track: 2021-09-11 Monte Velino via Direttissima **Date: 11/09/2021**

Track: 2021-09-11 Monte Velino via Direttissima	**IBP = 144 HKG**
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IBP index reliability= A	





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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	2.242	16 %	112 m
2	2.782	12 %	187 m
3	3.173	11 %	216 m
4	3.683	12 %	201 m
5	4	22 %	34 m
6	4.034	37 %	1326 m
7	5.359	31 %	147 m
8	5.506	41 %	1259 m
9	6.765	38 %	76 m
10	6.841	19 %	78 m
11	6.92	19 %	39 m
12	8.084	19 %	143 m
13	8.227	15 %	88 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	3021.194	21.41	1:10:58	2.55	0:46:54	1:57:52	1.54
2000	1259.908	8.93	0:31:03	2.43	0:45:48	1:16:51	0.98
1750	1449.573	10.27	0:39:40	2.19	0:19:51	0:59:31	1.46
1500	1623.917	11.51	0:38:16	2.55	0:14:50	0:53:06	1.83
Total :	7.355 Km	52.13 %	2:59:57 h	2.45 Km/h	2:07:23 h	5:07:20 h	1.44 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.647	0:07:56	1560	1:12:55	1:12:55	4.647
4.828	0:06:54	1645	1:25:03	0:12:08	0.18
5.05	0:09:18	1746	1:39:58	0:14:55	0.222
5.195	0:02:43	1798	1:52:36	0:12:38	0.145
5.259	0:02:53	1828	1:57:04	0:04:28 < 10´	0.063
5.659	0:04:57	1980	2:19:03	0:21:59	0.4
5.733	0:45:48 > 10´	2014	2:26:39	0:07:36 < 10´	0.074
6.373	0:03:00	2303	3:28:40	1:02:01	0.639
6.524	0:03:42	2352	3:36:50	0:08:10 < 10´	0.151
6.622	0:02:57	2384	3:42:12	0:05:22 < 10´	0.098
6.887	0:30:15 > 10´	2471	3:54:03	0:11:51	0.266
8.751	0:07:00	2414	4:59:00	1:04:57	1.864
Total :	2:07:23 h				

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